



Standing Up For Hips + Knees

Osteoarthritis information session



the
physio
clinic

Hear about the latest evidence-based treatment and management for hip and knee osteoarthritis (OA).

The Physio Clinic frequently present one hour Q&A sessions for people living with hip or knee pain associated with OA. At these events, hospital and clinical staff discuss new treatments, GP guidelines based on latest research, options to consider prior to surgery, plus more...

Who should attend? People living with hip or knee osteoarthritis; those considering an operation; and people who have already had a hip or knee operation for OA.

How much does it cost? Information sessions run by The Physio Clinic are **FREE!**

Where are sessions held?

The Physio Clinic – Prospect
177 Prospect Rd, Prospect SA

The Physio Clinic – Blackwood
8/365 Shepherds Hill Rd, Blackwood SA

- Light refreshments are provided
- Wheelchair access
- Restrooms
- On-site parking

Register your interest

You can view the latest session times by visiting bit.ly/The-Physio-Clinic-Events

Or contact The Physio Clinic and we can send you an update when new session times are announced.

How to book into a current session?

To book your ticket online please visit:

bit.ly/The-Physio-Clinic-Events

Or contact The Physio Clinic via:

Phone **8342 1233**

Email admin@thephysioclinic.com.au

www.thephysioclinic.com.au

BOOKINGS ARE ESSENTIAL!